

Week beginning...	AM	PM	4PM	AM	PM	4PM	AM	PM	4PM
Monday	Water biscuit, sliced cheese & cucumber	cereal with milk	Noodles & soy sauce	Breadsticks, bean dip & carrots	Rich Tea biscuit & orange slices	Creamy Spaghetti	Pitta bread with humus & baby tomatoes	Rice cake with jam & apple slices	Beans & toast
Tuesday	Breadsticks, bean dip & carrots	Rich Tea biscuit & orange slices	Creamy Spaghetti	Crackers with cream cheese & cucumber	Rice cake with jam & apple slices	cheesy pitta pizza	Water biscuit, sliced cheese & cucumber	sliced fruits	Noodles & soy sauce
Wednesday	Crackers with cream cheese & cucumber	French toast & orange slices	Butter pasta with grated cheese	Water biscuit, sliced cheese & cucumber	sliced fruits	Noodles & soy sauce	Oat cake with pea dip & red pepper slice	cereal with milk	Creamy Spaghetti
Thursday	Oat cake with pea dip & red pepper slice	sliced fruits	cheesy pitta pizza	Pitta bread with humus & baby tomatoes	French toast & orange slices	Beans & toast	Crackers with cream cheese & cucumber	Rich Tea biscuit & orange slices	Butter pasta with grated cheese
Friday	Pitta bread with humus & baby tomatoes	Rice cake with jam & apple slices	Beans & toast	Oat cake with pea dip & red pepper slice	cereal with milk	Butter pasta with grated cheese	Breadsticks, bean dip & carrots	French toast & orange slices	cheesy pitta pizza