

	Week 1 20/06, 11/07, 01/08, 29/08, 19/09 & 10/10			Week 2 27/06/, 18/07, 08/08, 05/09, 26/09, & 17/10			Week 3 04/07, 25/07, 15/08, 12/09, 01/10, & 24/10		
	10:15	14:00	16:15	10:15	14:00	16:15	10:15	14:00	16:15
Monday	Cracker with cream cheese & cucumber	Rice cakes with pea dip	Cheesy quesadilla	Breadsticks with bean dip and carrots	Jam sandwich & apple slices	Homemade Spaghetti in tomato sauce	Toasted crumpets with banana	Crisp bake & orange slices	Noodles & soy sauce
Tuesday	Oat cakes with cheese & apple slices	Fruit slices	Homemade Spaghetti in tomato sauce	Toasted wholemeal pitta with hummus	Fruit slices	Homemade Beans with toast	Jam sandwich & apple slices	Cracker with cream cheese & cucumber	Pasta & pesto
Wednesday	Breadsticks with bean dip and carrots	Crisp bake & orange slices	Homemade Beans with toast	Rice cakes with pea dip	Oat cakes with cheese & apple slices	Noodles & soy sauce	Fruit slices	Toasted wholemeal piitta with hummus	Homemade Spaghetti in tomato sauce
Thursday	Toasted crumpets with banana	Jam sandwich & apple slices	Noodles & soy sauce	Cracker with cream cheese & cucumber	Crisp bake & orange slices	Pasta & pesto	Rice cakes with pea dip	Fruit slices	Cheesy quesadilla
Friday	Fruit slices	Toasted wholemeal pitta with hummus	Pasta & pesto	Toasted crumpets with banana	Fruit slices	Cheesy quesadilla	Breadsticks with bean dip and carrots	Oat cakes with cheese & apple slices	Homemade Beans with toast