

	Week 1			Week 2			Week 3		
	10:15	14:00	16:15	10:15	14:00	16:15	10:15	14:00	16:15
Monday	Breadsticks with bean dip and carrots	Jam sandwich & apple slices	Homemade Spaghetti in tomato sauce	Toasted crumpets with banana	Crisp bake & orange slices	Noodles & soy sauce	Cracker with cream cheese & cucumber	Rice cakes with pea dip	Cheesy quesadilla
Tuesday	Toasted wholemeal pitta with hummus	Fruit slices	Homemade Beans with toast	Jam sandwich & apple slices	Cracker with cream cheese & cucumber	Pasta & pesto	Oat cakes with cheese & apple slices	Fruit slices	Homemade Spaghetti in tomato sauce
Wednesday	Rice cakes with pea dip	Oat cakes with cheese & apple slices	Noodles & soy sauce	Fruit slices	Toasted wholemeal piitta with hummus	Homemade Spaghetti in tomato sauce	Breadsticks with bean dip and carrots	Crisp bake & orange slices	Homemade Beans with toast
Thursday	Cracker with cream cheese & cucumber	Crisp bake & orange slices	Pasta & pesto	Rice cakes with pea dip	Fruit slices	Cheesy quesadilla	Toasted crumpets with banana	Jam sandwich & apple slices	Noodles & soy sauce
Friday	Toasted crumpets with banana	Fruit slices	Cheesy quesadilla	Breadsticks with bean dip and carrots	Oat cakes with cheese & apple slices	Homemade Beans with toast	Fruit slices	Toasted wholemeal pitta with hummus	Pasta & pesto